

Patient Consent Form

The Treatment

Optimal Power Energy® IPL is a polychromatic light which, thanks to thermal pulses, stimulates the meibomian glands to resume their normal activities. Applied to the periorbital areas and cheekbone, it stimulates the contraction of the glands by increasing the lipid stream and reducing the evaporation of tears.

Light Modulation® LLLT is a unique technology of photobiomodulation (PBM) used since many years in various fields of medicine (e.g., dermatology, dentistry). The emission of a particular light at a certain wavelength triggers an endogenous heating of the eyelids. This treatment facilitates the spill, from Meibomian glands, of the oil component of the tear film, thus stabilizing the lipid layer of the tear.

Contraindications

The treatment is contraindicated in the following cases:

- > Pregnancy
- > Epilepsy
- > Herpex
- > Metallic Piercings in Near Area
- > Use of Photosensitizing Drugs

As precaution, patients have not been tested and should not be treated with eye-light® therapy device if they have any known photosensitivity to yellow and red light or if there is a history of light activated central nervous system disorders like epilepsy or migraine.

If taking medications such as anti-inflammatories, anticoagulants, antibiotics and antihistamines, please notify your Doctor.

Risk & Possible Complications

OPE® IPL like any other treatment of pulsed light, it may have some side effects; among the most common include: transient erythema (redness), transient itching and edema (swelling), transient hyperpigmentation/hypopigmentation. The equipment emits a strong intensity light which may cause, if not properly protected, temporary eye disorders. For this reason, the patient must wear before treatment, the protective goggles provided by the Doctor.

Treatment preparation

- > Do not expose yourself to the sun, solar lamps applications, do not apply self tanning products 15-20 days before the treatment.
- > Do not perform chemical, physical or enzymatic peels before and during the period of treatment with light technology
- > If you wear contact lenses, you **MUST** remove them before starting the treatment.

After the Treatment

After the treatment some slight redness may appear. It is recommended not to carry out any aesthetic medical procedures on the treated areas (but in general on the entire face) for the duration of the cycle.

After the treatment, do not expose yourself to sun for at least 15 -20 days and apply a total sunblock cream/protection.

For at least 15 days after each session you are suggested to wear sunglasses.