

Patient Care Instructions – AO Sept/Soleko

Insertion

- 1) Remove lenses from AOSept/Soleko case and baskets.
- 2) Fill the bowl of the contact lens with HyloForte (or saline); better to have too much than not enough.
- 3) With face down, insert lenses from below (pushing up); expect some spillage of excess HyloForte.

Removal

- 1) Angle the plunger at 45 degrees and aim for the lower half of the lens.
- 2) If necessary, gently press on the lower part of the eye using your eyelid to break the seal.
- 3) Place lenses in the baskets of the AO Sept lens case and rinse with AO Sept/Soleko solution (this is the only time it is OK to rinse with AOSept/Soleko *).
- 4) If you need to rinse the lenses any other time, use the MeniCare Plus solution.
- 5) Fill lens case to the line with AO Sept/Soleko solution and store overnight.
- 6) It is normal for there to be some fizzing of the solution in the lens case and for some solution to emerge from the hole at the top of the case.
- 7) Once a month do protein cleaning with Ultrazyme tablets or Progent (but do not use Progent if your lenses have a HyrdaPeg coating – check with your optometrist).

Important: Never squirt AO Sept/Soleko into your eyes

Wash hands if they come into contact with AO Sept/Soleko

